

**At 65  
I'm healthy,  
active and  
feel good.**

**I want to *stay*  
that way.**

**I get my flu shot  
every year.**

**For more information ask  
your doctor or health care  
provider. Or call the CDC  
Immunization Hotline.**

**English: 1-800-232-2522  
Español: 1-800-232-0233  
[www.cdc.gov/nip/flu](http://www.cdc.gov/nip/flu)**



**Department of Health and Human Services  
Centers for Disease Control and Prevention**